



# ARTIEM sports





# para alquilar

## TO RENT

### TEMPORADA BAJA LOW SEASON

#### KAYAK KAYAK

|                                  | 1 hora<br>1 hour | 2 horas<br>2 hours | 4 horas<br>4 hours | 1 día<br>1 day |
|----------------------------------|------------------|--------------------|--------------------|----------------|
| Kayak individual<br>Single kayak | 15               | 25                 | 30                 | 40             |
| Kayak doble<br>Double kayak      | 20               | 35                 | 50                 | 65             |
| Kayak triple<br>Triple kayak     | 25               | 40                 | 60                 | 70             |
| Travesía<br>Kayak crossing       | —                | 20                 | 30                 | 40             |

### TEMPORADA ALTA (JULIO - AGOSTO) HIGH SEASON (JULY - AUGUST)

#### KAYAK KAYAK

|                                  | 1 hora<br>1 hour | 2 horas<br>2 hours | 4 horas<br>4 hours | 1 día<br>1 day |
|----------------------------------|------------------|--------------------|--------------------|----------------|
| Kayak individual<br>Single kayak | 15               | 25                 | 35                 | 50             |
| Kayak doble<br>Double kayak      | 20               | 35                 | 50                 | 75             |
| Kayak triple<br>Triple kayak     | 25               | 40                 | 60                 | 80             |
| Travesía<br>Kayak crossing       | —                | 20                 | 30                 | 40             |

#### PADDLE BOARD PADDLE BOARD

|  | 1 hora<br>1 hour | 2 horas<br>2 hours | 4 horas<br>4 hours |
|--|------------------|--------------------|--------------------|
|  | 15               | 25                 | 35                 |

PRECIOS EN EUROS / IVA INCLUIDO PRICES IN EUROS / TAX INCLUDED



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# excursiones guiadas en kayak

## KAYAK GUIDED TOURS



Visita cuevas (3 horas) + snorkel  
*Cave visit (3 hours) + snorkel*

50

Puesta de sol + cuevas (3 horas)  
*Sunset + caves (3 hours)*

55

Amanecer en Macarelleta  
*Sunrise at Macarelleta*

40

PRECIOS EN EUROS / IVA INCLUIDO    PRICES IN EUROS / TAX INCLUDED



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hbt

MOUNTAIN BIKING

EXCURSIONES GUIADAS EN BICI

BIKE GUIDED TOURS

|                                                              |    |
|--------------------------------------------------------------|----|
| Camí Reial (3 horas)<br>Camí Reial trail (3 hours)           | 50 |
| Camí de Cavalls (3 horas)<br>Camí de Cavalls trail (3 hours) | 50 |
| Carretera (4 horas)<br>Road cycling route (4 hours)          | 50 |
| Suplemento hora extra<br>Supplement for extra hour           | 10 |



BICIS PARA ALQUILAR

BIKES TO RENT

|        | 1 dia<br>1 day | 2 dias<br>2 days | 3 dias<br>3 days | 4 dias<br>4 days | 5 dias<br>5 days | 6 dias<br>6 days |
|--------|----------------|------------------|------------------|------------------|------------------|------------------|
| BTT    | 25             | 45               | 65               | 80               | 100              | 120              |
| E Bike | 50             | 100              | 150              | 200              | 250              | 300              |



# Programa bienestar

## WELLNESS PROGRAMME

|                           | 8:00 | 8:00           | 9:00              | 10:00 |
|---------------------------|------|----------------|-------------------|-------|
| <b>LUNES</b><br>Monday    | YOGA | PILATES        | GAPS              | ASS.  |
| <b>MARTES</b><br>Tuesday  | YOGA | CROSSTRAINNING | SPINNING          | ASS.  |
| <b>MIÉRCOLES</b>          | YOGA | PILATES        | WEIGHT<br>CIRCUIT | ASS.  |
| <b>JUEVES</b><br>Thursday | YOGA | CROSSTRAINNING | SPINNING          | ASS   |
| <b>VIERNES</b><br>Friday  | YOGA | PILATES        | GAPS              | ASS   |
| <b>SÁBADO</b><br>Saturday | YOGA | PILATES        | AEROYOGA          | ASS   |

### Bonos de clases dirigidas (personal training)

|          |     |
|----------|-----|
| 1 CLASE  | 15€ |
| 3 CLASES | 40€ |
| 5 CLASES | 50€ |

Empresa



Certificada

**ARTIEM**  
**AUDAX**







# ARTIEM AUDAX

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## ARTIEM

FRESHPEOPLE MAKE THE DIFFERENCE

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