

THERMAL CIRCUIT OF THE BLUE SPA

Our thermal circuit includes an ample selection of installations specifically designed to relax, cleanse and balance the body.

COMPLETE 90 MINUTE SPA CIRCUIT

Hydro massage pools of 34° and 38°C with Jacuzzi, Bubble Beds and Massage Jets, Plunge Pool 12°C, four types of special showers, Footbath Compostela, Outdoor Terrace with sun beds, Thermal Bath, Finnish Sauna, Turkish Bath, Thermal Beds & Relaxation Zone.

Guests of Artiem Hotels	22€
Visitors	26€

THERMAL CIRCUIT DAY PASSES

Unlimited access to the circuit to maximize the spa during your holiday. Plus a 10% discount on any of our individual treatments. Valid for whole days of your choice during your stay for up to 15 days.

Spa Day Pass	1 day 32€
Break in the Spa	3 days 54€
Week of Wellness	6 days 79€
Wellbeing Stay	10 days 99€

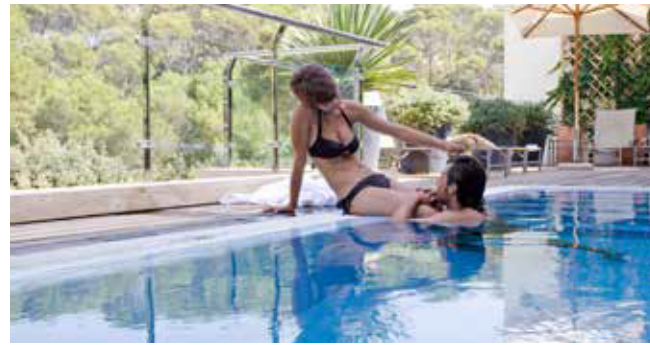


MONTHLY SPA PASSES

We have monthly spa passes available for residents of Menorca with free and unlimited access to the spa circuit and 10% of discount on individual treatments.

Fresh Pass 1 month	99€
Wellness Pass 3 months	216€
5 Circuit Sessions of 90 mins	90€

All prices are per person and include taxes.



SPECIAL SPA CIRCUITS

MOONLIGHT SPA 120' | 39€
Once a month we offer a special and exclusive spa circuit. Included, after your 90 minute spa circuit, there will be an informal light supper of tapas and a toast with champagne served to you on our private terrace. Limited places, please book in advance.

WEEKEND CHILLOUT SPA 90' | 26€
In September and October, we celebrate the weekend by changing the ambience at night in the spa. Enjoy the circuit with a difference and chill out music. From 18.30pm, limited places, please book in advance.



HYDROTHERAPY

CLEOPATRA'S BATH 20' | 30€
An individual hydromassage experience personalized with your choice of essential oils and aromas. Enveloping the body with rhythmic jets of fine bubbles, alleviates aches and stress.

WATERFALL MASSAGE WITH VICHY SHOWER 25' | 40€
Massage performed under fine jets of warm water. Hands and water interact to relax, moisturise and tone.

Ask us about the **CLUB BLUE SPA** for our regular customers who are residents. Includes special promotions and discounts.

BLUE SPA + AMIGOS

The best wellness experience among friends. The Artiem Audax offers the ideal place to spend a different day out with your loved ones.

SPA DETOX DAY | 105€

Access for one day to the Blue Spa Thermal Circuit.

A complete 50 minute relaxing body massage.

A freshly made fruit juice or smoothie and a herbal infusion during your day.

A healthy lunch on the terrace by the pool at La Colina that includes a complete salad of your choice and refreshment or water.

10% discount on any additional treatment of your choice during the same day (services 30€ or more).

For visitors to the hotel, access to the hotel facilities including the Infinity Pool, relaxation zone for sun bathing and outdoor cafeteria.

Change rooms with showers and lockers, a bathrobe, small towel and drinking water will be provided.

The complete package is personal and not transferable.

SPA + MENU | 39€

A 90-minute spa circuit combined with a buffet lunch at the *Oliva Restaurant*, with a drink included. Alternatively, a complete menu at *La Colina* the pool bar & lounge, offers an inviting outdoor atmosphere for a post spa lunch. Subject to availability.



SWIMSUIT AND SWIMMING CAP ARE OBLIGATORY

Access only for 16 years and over. Please call to confirm your reservation.

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ARTIEM
AUDAX

ENGLISH

BLUE SPA

OUR RITUALS

ALMA DE MENORCA (Soul of Menorca) 90' | 105€
Experience our island through a sensory journey. The aromas of the countryside, land and sea of Menorca accompany this ritual that detoxifies and relaxes the skin through massage and hydrotherapy. The salts, oils and fragrances invite you to dream and live the essence of Menorca. By Artiem Audax.

DIAMOND ROSE RITUAL 90' | 120€
Damascus Rose and diamond dust for a luxurious and feminine treatment that is ultra-nutritive with deep renewing power for the skin. An hour and a half of complete relaxation and authentic pampering. Exfoliation, massage and hydration with Damascus Rose Oil for irresistible skin and a profound sensation of wellness. By Natura Bissé.

CITRUS SUPREM 90' | 130€
A revitalizing awakening of citric aromas and sensations for the skin. Peeling, mask, massage and hydration with a high content of vitamin C. An uplifting facial and body treatment that renews and illuminates the skin. By Natura Bissé (10% discount included)

CHOCOPASSION 60' | 75€
Delicious body scrub and massage of warm chocolate that melts into the skin leaving it nourished and enriched. A perfect anti-stress aid to forget your worries, stimulate endorphins and feel even happier! An antioxidant boost that is deeply comforting.

TREATMENTS & PERSONAL CARE

HAND SPA OR FOOT SPA | 40€ | 50€
A luxury spa treatment for hands or feet that includes an exfoliation, nail shaping, foot bath, removal of cuticles and hard skin, premium moisturizing and nail polishing.

BODY PEELING 25' | 40€

BODY PEELING + VICHY SHOWER 40' | 70€
Exfoliation of salt crystals and floral oils that deeply moisturizes and perfumes the skin. Can be combined with the Vichy Shower.

BODY WRAPS (Seaweed, Sea Mud, Clay) 25' | 40€

WRAP + HYDROMASSAGE BATH 40' | 65€
See our menu of wraps for specific benefits. Some wraps can be combined with the hydromassage bath.

TREATMENTS FOR TWO

Treatments to enjoy with your partner, friend or loved one. Perfect for couples that need some quality time without interruptions. (Prices per person)

THE GODDESS 3h | 120€
Thermal Circuit 90' + Personalized Massage 25' + Personalized Facial 50' + Manicure Express or Pedicure Express (10% discount included).

ESPECIALLY FOR HIM 3h | 120€
Thermal Circuit 90' + Personalized Massage 25' + Deep Cleansing Facial 50' + Mini Foot Massage 10' (10% discount included)

AYURVEDA COUPLE MASSAGE 60' | 45€
Ritual to relax and balance the energy of the couple. A single therapist performs this ritual with warm aromatic oils alternating between the couple for the duration of the massage. Finishes with 10 minutes in the Turkish bath.

SUITE FOR TWO 70' | 76€
Complete relaxing body, head & face massage in a double cabin with two therapists. (10% discount included)

VOLCANIC STONE MASSAGE 50' | 70€
Body massage with warm and cold volcanic stones in a double cabin with two therapists.



LYMPHATIC DRAINAGE 50' | 65€
Vodder technique, very relaxing, precise and rhythmic movements that eliminate toxins and promote the circulation of the lymph.

VITAMIN C BODY FIRMING TREATMENT 60' | 75€
Peeling, mask and hydration with citrus aromas and a high content of Vitamin C. Leaves the skin clean, hydrated and with improved elasticity.

WRAP + ANTICELLULITE MASSAGE 70' | 83€
Draining seaweed wrap and massage of rebellious zones to eliminate toxins and help reduce cellulitis.

MASSAGES & THERAPIES

Therapeutic treatments that stimulate blood circulation, improve muscle tone, alleviate tensions and stress.

RELAXING 25' | 40€ 50' | 65€
Enveloping massage with sweet almond oil indicated to relieve tension and eliminate stress. Partial (back or legs, or head and face) Body (back, legs, arms)

VOLCANIC STONES 50' | 70€
Massage with hot and cold stones that helps to eliminate tension with the heat and mineral properties transmitted via the volcanic stones.

AYURVEDA ABHYANGA 60' | 70€
A relaxing massage ritual of Hindu origin. Works on an energetic level with Ayurvedic aromatic hot oils, balancing body and spirit. Ends with 10 minutes in the Turkish bath.



PINDA SWEDA 50' | 70€
Of Hindu origin, using small heated herbal sacks of rice injected with essential oils. A relaxing and highly sensory massage.

THAI NUAT BORAN 60' | 85€
Massage that is realized fully clothed on a futon on the floor. Consists of manipulations, pressure and stretches for better flexibility and to eliminate tension.

DEEP TISSUE 25' | 50€ 50' | 75€
Massage that requires a precise manipulation or technique: deep tissue or sports massage.

FOOT REFLEXOLOGY 50' | 60€
Ancient oriental technique that manipulates different points on the sole of the foot in a therapeutic form to treat the connected organs in the body.

THAI FOOT 50' | 60€
Traditional technique which works pressure-points from toes to knee in order to balance the whole body. Commences with a foot bath.

FACIAL TREATMENTS

We work with two of the highest quality brands. Dr Hauschka which is characterized by its holistic and natural approach, and Natura Bissé, a brand which is known for its specialized formulas in the skin care industry.

DR HAUSCHKA

TOUCH OF LIGHT 30' | 40€
Light cleanse with a rejuvenating mask and hydration.

PERSONALIZED HAUSCHKA 60' | 68€
Complete facial care that applies the products most appropriate to the specific needs of your skin.

HOLISTIC HAUSCHKA 75' | 85€
Ritual that begins with a relaxation of head, hands and feet with scented muslins of lavender and lemon oil. It provides a deep cleanse with two masks, adding vitality to the skin.

NATURA BISSÉ

VITAMIN C+C (Firming facial) 60' | 70€
A high content of vit. C (up to 6%) which acts as an antioxidant, firming, rejuvenating and illuminating the skin.

CEUTICAL (Sensitive skin) 60' | 70€
Specialised facial that hydrates and calms reactive and sensitive skin.

THE CURE (Luxury cleanse) 70' | 70€
Very deep cleanse consisting of three phases that work from the interior layers of the skin.

ANTI AGE DEFIANCE 60' | 80€
Rich in iris florentine isoflavones that are highly firming, deeply nourishing and reduces the appearance of expression lines.

FACIAL MASSAGES

JAPANESE FACIAL MASSAGE 50' | 65€
Japanese technique that works the wrinkles and expression lines in a precise way to redefine and rejuvenate. Highly relaxing. (With Argan Oil)

FACIAL LYMPHATIC DRAINAGE 25' | 40€
Lymphatic drainage on the face and neck to help eliminate toxins and decongest the skin.

IMPORTANT: Cancellations must be done at least 2 hours prior to the appointment, otherwise there will be a charge of 50% of the service booked. We recommend that you arrive a few minutes before your appointment to ensure you enjoy the full session for the service you have contracted. The discounts and services included in packages are not transferable. Please tell us if you suffer from any condition that could affect your treatment.