

EN

ARTIEM  
ASTURIAS

Sipa

Certified



Corporation



**THE ARTIEM ASTURIAS SPA**

500 M<sup>2</sup> WITH A WIDE VARIETY OF TREATMENTS  
AND ACTIVITIES FOR YOUR WELL-BEING.  
HERE YOU HAVE AN EXCLUSIVE SPA CIRCUIT &  
RELAXATION ZONE WITH INFRARED LOUNGERS.







# Hydromassage

## **HYDROTHERMAL CIRCUIT**

**€22 Monday to Thursday.**

**€30 Friday to Sunday and Public Holiday.**

The hydrothermal circuit at ARTIEM Asturias is designed to nurture your well-being. Alternating water temperatures, showers and saunas help to boost circulation, support heart health, and gently ease away any physical and emotional tension. Enjoy our dynamic pool with water jets at 32 °C, contrast showers with mist and essences, a foot bath, dry sauna, steam bath, cold plunge pool at 14 °C, outdoor-access jacuzzi at 36 °C, and a relaxation area with infra-red loungers.

- **5 SESSIONS | €100**
- **10 SESSIONS | €187**
- **15 SESSIONS | €264**

## **HYDROMASSAGE BATH**

**€25 individual / €40 for two**

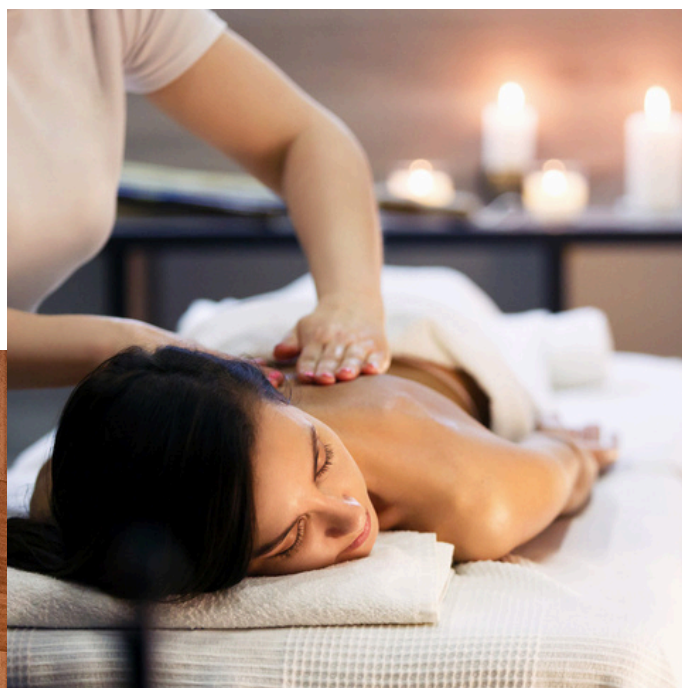
A relaxing, toning and detoxifying bath with aromatherapy, in a private room to enjoy alone or as a couple.





# massages

MASSAGE IS AN ESSENTIAL TREATMENT  
TO CARE FOR YOUR **MIND, BODY AND SPIRIT.**  
AN ART WHERE HEALING BEGINS WITH  
THE WISDOM OF TOUCH AND EXPERIENCE.





**BREATHE** (Relaxing) **50' €75**

A calming treatment that blends essential oils with soothing techniques to ease tension and bring you into a space of deep relaxation and mental clarity.

**CALM** (Hydrating & soothing) **50' €75**

Ideal for skin in need of gentle care. This nurturing massage combines soft movements with essential oils to calm the skin and restore inner balance.

**CLUB** (Muscle relief & circulation boost) **50' €75**

A focused massage using deeper pressure and techniques to relieve tired muscles, release tension and restore your natural vitality.

**EXCESS OUT** (Detox & sculpting) **50' €75**

A revitalising massage using firming oils and silicone cups to stimulate circulation, flush out toxins and tone your skin.

**CELTIC** (Energising & circulatory) **50' €90**

Inspired by ancient Nordic tradition, this massage uses warm and cool stones to oxygenate the blood and encourage deep muscular relaxation.

**FOOT REFLEXOLOGY** **45' €65**

Pressure applied to reflex points on the feet helps to naturally rebalance the body.

**MENTAL RELAX** (Neurosedative) **25' €40**

A head, neck, shoulder and face massage to melt away built-up tension and mental fatigue while helping to restore clarity.

**COMFORT LEGS** (Tired legs) **25' €40**

A refreshing and soothing treatment for tired legs and feet.

**HEALTHY BACK** (Upper back & neck relief) **25' €40**

Perfect for easing back aches and pains with techniques that target the upper body.





# treatments

## **BODY TREATMENTS**

*Blending ancient wisdom with 100% natural cosmetics, these expert treatments are designed to restore natural beauty and well-being.*

### **PURE DETOX AND TOTAL DETOX**

**60' €95**

A deeply purifying treatment that supports the body's natural detox pathways, helping to flush out toxins and leave the skin visibly renewed.

Includes: Full body exfoliation, mud therapy and hydration.

### **BODY SCRUB**

**25' €40**

A gentle exfoliation with salt and aromatic oils that lifts away impurities, leaving the skin smooth and beautifully hydrated.

### **BODY WRAP**

**25' €40**

Stimulates circulation, improves skin tone, soothes muscle tension and helps release built-up toxins.





## FACIAL TREATMENTS

*Everyone's skin is unique. Our expert treatments offer a gentle, thoughtful journey to reveal your skin's natural beauty.*

### **PURIFICATION**

**60' €85**

A deep-cleansing facial that prepares your skin to receive the full benefits of any subsequent treatment.

### **CALM**

**60' €85**

A soothing, hydrating and protective facial designed especially for sensitive skin.

### **REJUVENATE**

**60' €95**

A regenerative facial packed with anti-ageing, hydrating and antioxidant benefits. Ideal for mature skin.







# rituals

A COMPLETE SENSORY EXPERIENCE FOR THE FACE,  
BODY AND MIND. OUR RITUALS OFFER A SPACE TO  
RECONNECT AND **TUNE IN TO YOUR INNER WELL-BEING.**

ALQVIMIA x ARTIEM





### **ANTISTRESS**

**105' €115**

A hydromassage bath, a calming full-body massage and a craniofacial massage with lavender oil to ease the mind and soothe the soul.

### **QUEEN OF EGYPT**

**90' €150**

A luxurious ritual using Dead Sea salts and mud, infused with exotic notes of incense and myrrh to rejuvenate the skin and awaken your inner strength. Includes: Body exfoliation, mud therapy, hydration and a facial treatment.

### **OASIS OF SERENITY**

**90' €150**

A stress-relieving body treatment, a hydrating facial, and a restorative massage to restore your inner balance. Includes: Body exfoliation, mud therapy and hydration.

### **ARTIEM'S 3 ELEMENTS BY ALQVIMIA FOR TWO**

**120' €250**

A complete ritual to share: relaxing bath, body scrub and massage, and a facial treatment, guided by the evocative scents of the Asturian landscape.

- **ARGAYAR** (EARTH) X ALQVIMIA  
Notes from the forests and wild plants of Asturias.
- **AIRI** (AIR) X ALQVIMIA  
Ocean breeze and green woodland air.
- **FUEU** (FIRE) X ALQVIMIA  
The warmth and energy of wood and open fires.

*Take time out together in a space created for complete relaxation of the body, mind and soul.*







spa ARTIEM  
ASTURIAS

#### **OPENING TIMES**

**Monday to Sunday from 10 to 21 h**

**(+34) 985 34 19 97 - Ext: 6835**

**[asturias.recepcion@artiemhotels.com](mailto:asturias.recepcion@artiemhotels.com)**

Quintueles-Villaviciosa N-632 Km 59,6 33314

Asturias (Spain)

**IMPORTANT:** All prices are per person and include VAT.

Please let us know if you suffer from any condition that could put the use of the facilities or treatments at risk. A charge of 50% of the total price will be made for no-shows and cancellations with less than 6 hours' notice. We recommend you arrive a few minutes before your appointment to be able to enjoy all the benefits of the service to the full.

*Please book in advance to use the Spa and treatments.*







**MENORCA / MADRID / ASTURIAS**  
[artiemhotels.com](http://artiemhotels.com)



**THE  
BEST  
HOTELS  
FOR THE  
WORLD**