

excursiones guiadas en kayak

KAYAK GUIDED TOURS



Visita cuevas (3 horas) + snorkel
Cave visit (3 hours) + snorkel

50

Puesta de sol + cuevas (3 horas)
Sunset + caves (3 hours)

55

Clase particular (90 mín.)
Private lesson (90 min.)

35

PRECIOS EN EUROS / IVA INCLUIDO PRICES IN EUROS / TAX INCLUDED

lbt

MOUNTAIN BIKING

EXCURSIONES GUIADAS EN BICI BIKE GUIDED TOURS

Camí Reial (3 horas)
Camí Reial trail (3 hours) 50

Camí de Cavalls (3 horas)
Camí de Cavalls trail (3 hours) 50

Carretera (4 horas)
Road cycling route (4 hours) 50

Suplemento hora extra
Supplement for extra hour 10



BICIS PARA ALQUILAR BIKES TO RENT

	1 día 1 day	2 días 2 days	4 días 4 days	6 días 6 days
Hard trail Hard trail	19	35	65	99
Full Full suspension	25	50	90	125
Carretera Road bike	19	35	65	99
Carbono Carbon	25	50	90	125

programa bienestar

WELLNESS PROGRAMME



PROGRAMA BIENESTAR WELLNESS PROGRAMME

8:00 h
8.00 am

9:30 h
9:30 am

Lunes Monday	Estiramientos Stretching	Pilates Pilates
Martes Tuesday	Yoga Yoga	Spinning Spinning
Miércoles Wednesday	Yoga Yoga	HIIT HIIT
Jueves Thursday	Yoga Yoga	Pilates Pilates
Viernes Friday	Yoga Yoga	Spinning Spinning
Sábado Saturday	Running Running	HIIT HIIT
Domingo Sunday	Running Running	Pilates Pilates