

# Sea wellness



ARTIEM CARLOS

Certified



Corporation

# Sea wellness



Come and get to know and enjoy the Sea wellness at the ARTIEM Carlos Hotel; a space designed for relaxation that has wonderful views of Mahón Port.

The facilities include a Turkish bath, sauna, emotional shower, heated loungers where you can relax and the fantastic Infinity Jacuzzi on the hotel terrace.

## HOTEL GUESTS

### USE OF THE WELLNESS AREA

By appointment

**45' / free**

### EXCLUSIVE USE OF THE WELLNESS AREA FOR 2

Accompanied by a glass of cava and a bowl of fresh fruit on the terrace

**1h / €50**

## VISITORS

### ENJOY THE WELLNESS AREA & GYM

**90' / €20**

### EXCLUSIVE USE OF THE WELLNESS AREA FOR 2

Accompanied by a glass of cava and a bowl of fresh fruit on the terrace

**1h / €50**

# Massages

## **PERSONALISED BODY MASSAGE**

Personalised body massage with Alqvimia essential oils

50' / €95

## **PERSONALISED PARTIAL MASSAGE**

Partial massage of the legs or back

25' / €70

## **BODY LYMPHATIC DRAINAGE**

Manual lymphatic drainage to improve circulation, eliminate fluid and activate the immune system

50' / €85

## **PARTIAL LYMPHATIC DRAINAGE (LEGS)**

Manual lymphatic drainage to improve circulation, eliminate fluid and heaviness in the legs

25' / €60

## **CRANIOFACIAL MASSAGE**

Relaxing face, cranium, neck and shoulder massage to calm mental and physical stress

25' / €60



# Body Treatments



Therapeutic treatments that stimulate the blood flow and prevent premature ageing. They improve muscle tone, relieve tension and enhance the appearance, hydration and nourishment of the skin. Some treatments also have an effect on the mental and emotional state. Our professionals will guide you in your choice.

## **BODY PEELING**

**25' / €50**

Skin exfoliation with micronised salt to eliminate impurities (skin not exposed to the sun)

## **BODY PEELING + HYDRATION**

**50' / €80**

Skin exfoliation with micronised salt to eliminate impurities, followed by a moisturising massage (skin not exposed to the sun)

## **HYDROTHERAPY BATHTUB**

**15' / €25**

Bubble bath to detoxify and relax based on plants and essential oils

## **ENERGETIC BODY CLEANSING**

**90' / €120**

Body exfoliation, followed by a bubble bath based on essential oils and plants and a relaxing massage with Alqvimia essential oils

# Facial & Beauty Treatments

## FACIAL TREATMENTS

### FACIAL DRAINAGE

25' / €60

Precise manipulation of the lymphatic system; indicated for eliminating toxins, relaxing and firming the face

### HAUSHKA TOUCH OF LIGHT

30' / €60

Light facial cleansing without removal, using a holistic and natural approach

### FACIAL CLEANSING

60' / €90

Peel, removal, face massage and face mask

## BEAUTY TREATMENTS

### DELUXE PEDICURE

40' / €60

Beauty treatment for the feet including an exfoliation ritual, foot bath, massage, cuticle removal and application of nail varnish (does not include the application or removal of semi-permanent nail varnish).





# ARTIEM



## OPENING HOURS

Monday to Sunday  
9.30 a.m. to 9 p.m.

Carrer Carles III, 2, 4,  
07720 Es Castell  
Menorca (Spain)  
(+34) 971 36 31 00 - Ext: 4835  
carlos.recepcion@artiemhotels.com



**IMPORTANT:** Access for persons over 16. It is mandatory to wear a bathing suit. Please let us know if you suffer from any condition that could put the use of the facilities or treatments at risk. All prices include VAT. A charge of 50% of the total price will be made for no shows and cancellations with less than 2 hours' notice.

ARTIEM  
ASTURIAS

ARTIEM  
AUDAX

ARTIEM  
CARLOS

ARTIEM  
CAPRI

ARTIEM  
MADRID