

## LE PETIT SPA

Come to discover and enjoy Le Petit Spa at the Artiem Capri hotel, a space that's been especially designed for rest and relaxation.

The facilities include a fitness centre, sauna, pool, Jacuzzi, steam rooms and an amazing natural solarium.

## BEAUTY AND WELLNESS

### HAIR REMOVAL

UPPER LIP	5€
EYEBROWS	10€
BIKINI	12€
UNDERARMS	10€
LEGS (HALF)	20€
LEGS (FULL)	30€
LEGS (FULL) + BIKINI	40€
ARMS	15€
BACK + CHEST	30€



### MANICURES AND PEDICURES

MANICURE	20€
PEDICURE	35€
EXPRESS PEDICURE	20€

## ARTIEM CAPRI

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#artiemhotels #artiemaudax #artiemcarlos #artiemcapri #artiemmadrid

# le petit spa



## ARTIEM CAPRI

## MASSAGES

RELAXING (PARTIAL)	25'   40€
Massage and body wrap with sweet almond oil designed to relieve tension and eliminate stress.	
RELAXING (TOTAL)	50'   65€
CRANIOFACIAL	20'   35€
Massage focused on the face and/or head. Relieves nervousness and releases tension in the back of the neck and shoulders. Its gentle motions restore overall harmony in case of physical and mental stress.	
JAPANESE FACIAL MASSAGE	50'   65€
Very relaxing Japanese technique that precisely targets wrinkles and expression lines, thus rejuvenating the face. With Argan oil.	
LYMPHATIC DRAINAGE (AREA)	30'   40€
Very relaxing and precise Vodder technique using gentle movements that eliminate toxins and boost lymph circulation.	
LYMPHATIC DRAINAGE	50'   65€
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PINDA SWEDA	50'   70€
This massage which originated in India uses warm herbal sachets soaked in essential oils. Very relaxing and sensory.	
FOOT REFLEXOLOGY	30'   48€
Thousand-year-old technique that massages the different areas on the sole of the foot to therapeutically benefit the body.	
THAI FOOT MASSAGE	50'   60€
Traditional method that focuses on the foot to knee area with specific massages meant to harmonise and balance the body. This treatment starts with a foot bath.	
ANTI CELLULITE MASSAGE	50'   60€
AYURVEDA ABHYANGA	60'   70€
EXPRESS CHAIR MASSAGE	15'   25€
THE GODDESS	3 h.   110€
90' Thermal Circuit + 25' Personalised Partial Massage + 50' Personalised Facial Massage + Express Manicure or Pedicure.	
JUST FOR HIM	3 h.   110€
90' Thermal Circuit + 25' Personalised Partial Massage + 50' Purifying Facial Massage + Mini Foot Massage (10')	

## BODY TREATMENTS

Therapeutic treatments that stimulate blood circulation and prevent premature ageing. These improve muscle tone and relieve tension, or benefit the appearance, hydration or nutrition of the skin. Some treatments also influence the mood or emotional state. Our professional staff will help guide your choice.



BODY PEELING	25'   40€
Skin exfoliation with micronised salt crystals and flowers.	
CHOCOPASSION	60'   75€
Exquisite treatment including peeling and massage with a warm cocoa wrap that's rich in oils. This nourishing treatment relieves stress and is rich in antioxidants.	
WRAPS (Seaweed or mud)	25'   40€
Seaweed is detoxifying and promotes drainage; mud cleanses the skin and is perfect for muscular or bone pain.	
FIRMING VITAMIN C BODY WRAP	60'   75€
Exfoliation, facial mask and hydration with a high Vitamin C content. Leaves the skin hydrated and makes it more radiant and elastic.	
WRAP + ANTI CELLULITE MASSAGE	70'   83€
Draining seaweed wrap and massage of stubborn areas to flush out toxins and help eliminate cellulite.	



**OPENING HOURS**  
from Monday to Sunday,  
9:00h - 21:30h

## FACIAL TREATMENTS

We use two top-quality brands: Dr. Hauschka, which takes a natural, holistic approach, and Natura Bissé, famous for its excellent formulas resulting from research and technology developed in the service of beauty.

### DR HAUSCHKA

A TOUCH OF LIGHT	30'   40€
Light treatment with a rejuvenating mask and hydration.	
PERSONALISED HAUSCHKA	60'   68€
Complete treatment with the products most suited to the specific needs of each type of skin.	
HOLISTIC HAUSCHKA	75'   85€
This ritual begins by relaxing the head, hands and feet with lavender and lemon scented muslin. Provides a deep cleansing treatment and restores vitality with two facial masks.	

### NATURA BISSÉ

EYE CONTOUR SPECIAL	30'   45€
GLYCOLIC PEEL + FACIAL MASK	30'   45€
CARBOXY-EXPRESS TREATMENT	45'   50€
PERSONALISED	60'   70€



THE CURE (Deluxe Cleanse)	70'   70€
Very deep cleanse in three phases that works from the inside out.	
HILAUROX ANTIAGEING TREATMENT	60'   90€

**IMPORTANT:** All prices include VAT. Swimwear and a cap must be worn. Please let us know if you have any illnesses that may affect your use of the facilities or treatments. A 50% charge will be made in the event of a no-show or cancellation with less than 2 hours' notice.

\*An appointment is necessary for treatments or to use the sauna and steam rooms.