

para alquilar
TO RENT

TEMPORADA BAJA
LOW SEASON

KAYAK KAYAK	1 hora 1 hour	2 horas 2 hours	4 horas 4 hours	1 día 1 day
Kayak individual Single kayak	10	19	25	35
Kayak doble Double kayak	15	29	45	70
Kayak triple Triple kayak	20	35	45	65
Travesía Kayak crossing	-	20	30	40

TEMPORADA ALTA (JULIO - AGOSTO)
HIGH SEASON (JULY - AUGUST)

KAYAK KAYAK	1 hora 1 hour	2 horas 2 hours	4 horas 4 hours	1 día 1 day
Kayak individual Single kayak	10	19	25	35
Kayak doble Double kayak	15	29	45	70
Kayak triple Triple kayak	20	35	50	75
Travesía Kayak crossing	-	20	30	40

PADDLE BOARD PADDLE BOARD	1 hora 1 hour	2 horas 2 hours	4 horas 4 hours
	10	19	25

PRECIOS EN EUROS / IVA INCLUIDO / PRICES IN EUROS / TAX INCLUDED

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excursiones guiadas en kayak

KAYAK GUIDED TOURS



Visita cuevas (3 horas) + snorkel <i>Cave visit (3 hours) + snorkel</i>	50
Puesta de sol + cuevas (3 horas) <i>Sunset + caves (3 hours)</i>	55
Clase particular (90 mín.) <i>Private lesson (90 min.)</i>	35

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lbt

MOUNTAIN BIKING

EXCURSIONES GUIADAS EN BICI BIKE GUIDED TOURS

Camí Reial (3 horas) <i>Camí Reial trail (3 hours)</i>	50
Camí de Cavalls (3 horas) <i>Camí de Cavalls trail (3 hours)</i>	50
Carretera (4 horas) <i>Road cycling route (4 hours)</i>	50
Suplemento hora extra <i>Supplement for extra hour</i>	10



BICIS PARA ALQUILAR BIKES TO RENT	1 día 1 day	2 dias 2 days	4 dias 4 days	6 dias 6 days
Hard trail <i>Hard trail</i>	19	35	65	99
Full <i>Full suspension</i>	25	50	90	125
Carretera <i>Road bike</i>	19	35	65	99
Carbono <i>Carbon</i>	25	50	90	125

programa bienestar

WELLNESS PROGRAMME



	8:00 h 8.00 am	9:00 h 9:00 am	10:00 h 10:00 am
Lunes <i>Monday</i>	Estiramientos <i>Stretching</i>	Pilates <i>Pilates</i>	Spinning <i>Spinning</i>
Martes <i>Tuesday</i>	Yoga <i>Yoga</i>	Pilates <i>Pilates</i>	Crosstraining <i>Crosstraining</i>
Miércoles <i>Wednesday</i>	Yoga <i>Yoga</i>	Pilates <i>Pilates</i>	Personal Training <i>Personal Training</i>
Jueves <i>Thursday</i>	Yoga <i>Yoga</i>	Pilates <i>Pilates</i>	Crosstraining <i>Crosstraining</i>
Viernes <i>Friday</i>	Yoga <i>Yoga</i>	Pilates <i>Pilates</i>	Spinning <i>Spinning</i>
Sábado <i>Saturday</i>	Running Club <i>Running Club</i>		Aeroyoga <i>Aeroyoga</i>
Domingo <i>Sunday</i>	Running Club <i>Running Club</i>	Triathlon <i>Triathlon</i>	Triathlon <i>Triathlon</i>